



P E R S P E C T I V E S

KEY LEARNINGS

OPERATING AT YOUR MAX KEY LEARNINGS

How do you perceive the term 'operating at your max'? What are its pros and cons?

What are some organizational benefits companies will see when employees successfully operate at their max?

Examine: How can you recognize that an employee has reached their max and how can you support them without driving them to 'burn-out'? Does 'operating at your max' affect mental health?

What I learned?

What I'll do?

What I'll share?
